Gemeente Amsterdam

CORONA

house rules in student houses

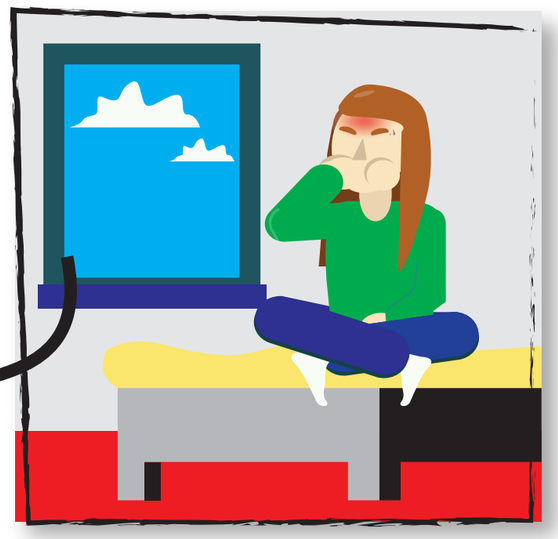


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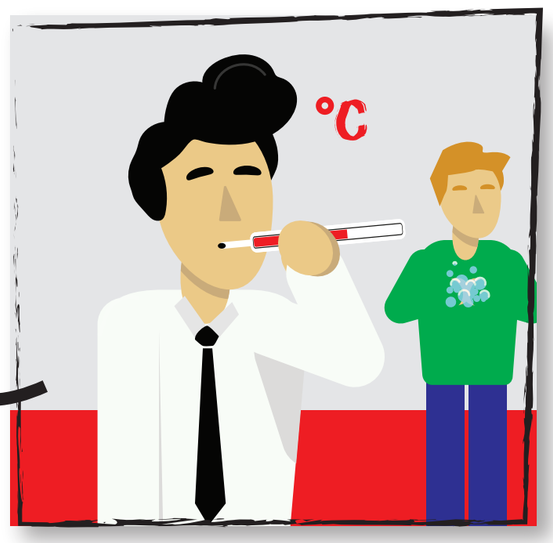
WHAT IF YOUR HOUSEMATE IS TESTED?

Housemate **with symptoms** goes into **isolation** while waiting for the test and the result.



Pay attention! Are these symptoms a fever or a tight chest? Then the whole house has to go into quarantine.

Please be alert to see if you and other housemates develop symptoms. Be careful and responsible in your social contacts, for you have had contact with a potential corona patient!



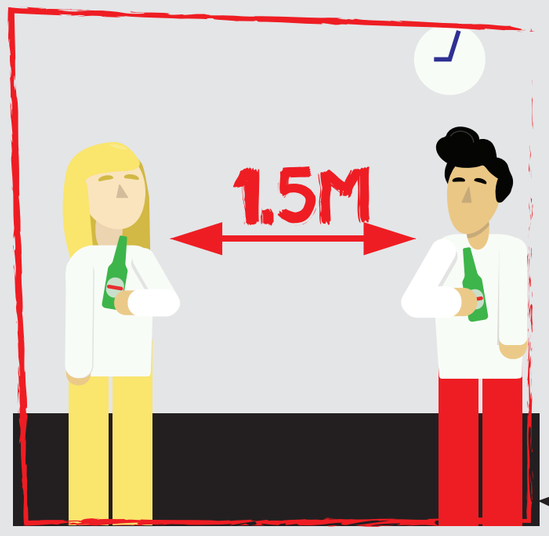
Have you developed symptoms? Get tested and go into **isolation**.



WHAT IF YOUR HOUSEMATE HAS CORONA?



Your housemate with corona stays in **isolation**.



You and your other housemates go into quarantine. You have as little contact as possible. Keep 1.5 meter distance as much as possible.

If you have more toilets and bathrooms in the house, make one special ‘corona toilet and bathroom’.

Anyone who has had contact for longer than 15 minutes at a distance less than 1.5 meter up to 48 hours before the symptoms develop is a close contact. Housemates are always close contacts.



If you get symptoms during quarantine, get yourself tested.

HOME QUARANTINE

- Home quarantine means staying at home for 10 days. This period starts from the moment you have last had contact with a positively tested person.
- You are not allowed to go outside.
- You must let other people do your shopping.
- You are allowed to sit in your garden or on your balcony.
- No-one is allowed to visit you, except for medical help (for instance general practitioner, or GGD (Municipal Health Service)).

ISOLATION

- At least 7 days in isolation, starting from your first sick day. As soon as you have no more symptoms, you stay in isolation for 24 more hours. After that you can go out again.
- You are not allowed to leave your room.
- You must let other people do your shopping.
- Use your own toilet and bathroom if possible.
- Have your food taken to your room.
- No-one is allowed to visit you, except for medical help (for instance general practitioner, or GGD (Municipal Health Service)).

WHEN DO YOU TAKE A TEST?

No symptoms → No test!

Cured from symptoms → No test!

(Mild) symptoms → Test!

This poster is supported by Amsterdam’s student associations, study associations, student organisations and educational institutions.